

Get all your DVD's and entertainment equipment at wholesale prices and GET PAID at the same time! For a limited time, you can get a FREE LIFETIME MEMBERSHIP with NO Monthly Fees ... ever!

[Click here to know more](#)

Planning For Retirement Activities

By Henry Clark

Retirement doesn't mean the end of an active lifestyle. Quite the contrary, it opens up new opportunities for many new activities. Some retirees substitute voluntary community work for their former work. This gives definition or meaning to their roles after retirement.

Household work, volunteer work, family roles and community service actually increase after retirement. The familial roles of grandparents increase because of the expanded time available for travel.

The skills and knowledge acquired before retirement have value in the life of a retiree. Even if learning something new education and training affects the ability to do various activities at retirement. Lack of skill and a low literacy tends to limit the leisure activities of retirees.

A very difficult task to prepare for later on in life is the ability to cope with losses that increase as people get older. The productivity is the first loss in retirement but adjustment usually is short. Loss of a spouse generally has the biggest impact, and in general is the hardest to anticipate unless a terminal illness is diagnosed before death. The best preparation for a loss of spouse is to work on a sense of independence and self-reliance.

The two biggest concerns for retirement living were security of finances and health coverage. This is according to the GSA (Gerontological Society of America). Another great concern identified was isolation or lack of social support for well-being and loneliness or lack of support for emotional well being.

Planning for retirement must have preparation for financial well-being, a social support network, a set of meaningful activities and health care coverage. All of these concerns actually relate to each other. When a retiring person has a sound financial plan, the person can buy adequate housing and health care coverage. Retirement lifestyle is a continuation of the person's middle-age life.

A sound lifestyle can last a long while. Friendship and family can provide the support network later on in life. Retirement planning which includes developing economic and social skills cannot anticipate everything but provides a good foundation for enjoyment of life later on.

A successful retirement living includes the creation of a network of groups, family members and friends. Few people choose to be alone from the rest even if approximately forty four percent of women and roughly 18 percent of men aged 65 or older lived without relatives. Fifty percent of women above 65 were widows.

Henry Clark can show you how to make the most of your retirement years. Visit his website and learn more <http://www.push-button-online-income.com/retirement>

Business Legacy Less Important Than Comfortable Retirement, Say Business Owners
By News Canada

Business Legacy Less Important Than Comfortable Retirement, Say Business Owners
by: **News Canada**

Half of Canadian entrepreneurs worry about retirement and succession planning, finds study

(NC)-About half of Canadian owner-managers say they're concerned about retirement and succession planning, according to a recent study by Grant Thornton LLP. These business leaders say they're most focused on providing adequate financial resources for their retirement. Securing their "legacy" as business owners in the community is less of a worry, they say. Other retirement priorities for entrepreneurs: Ensuring a smooth business transition Identifying a suitable successor Finding the time to develop a succession plan

For more information, read Succeeding at Succession, a management issues paper available on-line at www.GrantThornton.ca/resources. Grant Thornton LLP is a leading Canadian firm of chartered accountants and management consultants with offices across Canada.

[News Canada](#) provides a wide selection of current, ready-to-use copyright free news stories and ideas for Television, Print, Radio, and the Web.

[News Canada](#) is a niche service in public relations, offering access to print, radio, television, and now the Internet media, with ready-to-use, editorial "fill" items. Monitoring and analysis are two more of our primary services. The service supplies access to the national media for marketers in the private, the public, and the not-for-profit sectors. Your corporate and product news, consumer tips and information are packaged in a variety of ready-to-use formats and are made available to every Canadian media organization including weekly and daily newspapers, cable and commercial television stations, radio stations, as well as the Web sites Canadians visit most often. Visit [News Canada](#) and learn more about the NC services.

Related eBooks:

[Business Legacy Less Important Than Comfortable Retirement, Say Business Owners](#)
[The Importance Of Planning Your Retirement And The Consequences Of Not!](#)
[Do It Now! Start Planning Your Retirement Strategy](#)
[Does Your Life Include a RIPE Plan?—Planning Tips for Retirement, Investing, Protection, and Estate Planning – Part 1 \(Retirement\)](#)
[How To Develop A Secure Retirement Income](#)

Get more Free PDF eBooks at FreePDFeBooks.com

Related Products:

[Money Saving ideas](#)
[Help Your Child Succeed In School](#)
[Free Government Grants](#)
[Money Making Flashy Designs in a Box](#)
[How To Get Reprint Rights Without Paying A Dime](#)

Malamaal.com: A genuine resource center for Quality Ebooks and Softwares

Co-Sponsored Advertisement:

This PDF eBook is for free Distribution only, it cannot be SOLD
Get free rebrandable ebooks, and unleash your viral marketing strategy.

[Click here to know more](#)

Powered By FreePDFeBooks.com

[ReBrand this PDF eBook with your Name / URL / ClickBank Affiliate ID for Free](#)